

Remember, you have the right to select the home health agency of your choice!

*Choosing a home health care provider for a loved one is a significant decision usually made during a stressful time for you and your family. We encourage you to take a deep breath and know there are a lot of resources and people available to help you through the process.*

Care & Comfort, founded in 1991, is licensed by the State of Maine and serves clients in 13 counties. We accept MaineCare, most insurances, and private pay.

*Call today to learn more about us or to schedule a free in-home assessment visit.*



*Health and personal care provided conveniently in the comfort of familiar surroundings*

## Care & Comfort

To make a referral, or for more information about our services, please contact our branch nearest you.

### **Bangor**

24 Springer Road  
Bangor, ME 04401  
(207) 992-2535 ♦ 1-866-784-6993

### **Dover-Foxcroft**

1073 West Main Street  
Dover-Foxcroft, ME 04426  
(207) 564-0200 ♦ 1-866-236-2158

### **Presque Isle**

165 Academy Street  
Presque Isle, ME 04769  
(207) 764-3071 ♦ 1-877-287-4931

### **Waterville**

180 Main Street  
Waterville, ME 04901  
(207) 872-5300 ♦ 1-800-366-5302

### **Wilton**

284 Main Street  
Wilton, ME 04294  
(207) 645-5304 ♦ 1-866-397-3350

[info@careandcomfort.com](mailto:info@careandcomfort.com)

Serving these counties  
Androscoggin | Aroostook | Franklin | Hancock  
Kennebec | Knox | Lincoln | Oxford | Penobscot  
Piscataquis | Sagadahoc | Somerset | Waldo

[careandcomfort.com](http://careandcomfort.com)



## Care & Comfort

Proudly providing professional services to families in thirteen Maine counties for over 25 years



Nursing Services

Caring Companions

Health & Personal Care

Long term Adult & Pediatric Care

# Home Health

At Care & Comfort, we understand the demands and pressure placed on adult children, or parents taking care of a child or children with special needs. We recognize how important it is to know that your loved ones are being cared for like family and to feel confident that they are receiving appropriate care regardless of how close or far away you live from them.



*We help our clients maintain independence*

#### **OUR MISSION**

To provide quality home and behavioral health care services, delivered by compassionate professionals, while serving as a trusted resource for our community.

#### **OUR CAREGIVERS**

We provide medically trained professionals to assist individuals with daily living skills and personal care so they can stay in their own homes. The following skilled professionals and para-professionals work in our homecare division:

- ◆ RN - Registered Nurse
- ◆ LPN - Licensed Practical Nurse
- ◆ CNA - Certified Nursing Assistant
- ◆ PSS - Personal Support Specialist

Our employees are:

- ◆ Thoroughly screened and cleared through background checks.
- ◆ Covered by worker's compensation insurance.
- ◆ Covered by professional liability insurance.
- ◆ Licensed drivers with verified auto insurance.



## **COMPASSIONATE, PROFESSIONAL, AFFORDABLE CARE**

#### **SKILLED NURSING SERVICES**

Nursing services are provided to clients based on need and as ordered by their physician to assist in maintaining a safe and therapeutic in-home environment. Our in-home nursing services include, but are not limited to, the following:

Care After Surgery, Injury, Stroke, Cardiac Event ◆ Med Box Prefills ◆ Venipuncture ◆ Foot Care ◆ Diet  
Foley Catheter Care ◆ Skin Care ◆ Wound Care ◆ Diabetic Care ◆ Injections ◆ Home Safety

#### **IN HOME PERSONAL CARE**

Personal Care Services are performed by our staff of Certified Nursing Assistants and Personal Support Specialists. Upon admission, a Care & Comfort representative, along with the client and family, will develop a Personal Care Plan listing the tasks to be completed at each visit. Plans are routinely reviewed and updated to fit the client's changing needs. Caregivers assist clients with daily activities such as:

Bathing ◆ Personal Care ◆ Assistance With Dressing ◆ Meal Preparation ◆ Light Housekeeping Tasks

#### **PEDIATRIC & ADULT LONG-TERM CARE**

In-home long-term care pediatric and adult long-term care provides block time services to clients based on their needs. Services are provided by Registered Nurses, Licensed Practical Nurses, Certified Nursing Assistants, and/or Personal Support Specialists. Care & Comfort will provide assessments for clients under the age of twenty-one to determine eligibility for services and/or level of service needed. An assessment will be completed on request (per client, family, doctor, etc.) by KEPRO for clients over the age of twenty-one.

#### **CARING COMPANIONS**

Caring Companions is a private pay service that is available to all clients who want assistance with household services, errands, transportation or who just need a bit of companionship. Our personalized and affordable services provide our clients the help they need to safely and comfortably maintain their independence while remaining in the comfort of their home.

Shopping assistance for everything from groceries to holiday gifts ◆ In-home meal preparation  
Transportation to doctors appointments, visit friends and family, attend events, or lunch at their favorite restaurant ◆ Light Housekeeping ◆ Laundry ◆ Pet care

*When your loved one needs a little care and comfort, and you need peace of mind  
we are here for you!*